

October

Breakfast Menu

Fruits

Choose from fresh apples, bananas, oranges or a variety of canned fruits to start your morning.


Grains

Choose from a variety of dry cereal, toast bagel, English muffin or try a cereal bar.

Milk and Juice

You can also choose white or chocolate milk and a variety of fruit juices including apple, cranberry, grape and orange-pineapple.





Trick or Treat

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BREAKFAST BURRITO	3 BLUEBERRY CREAM CHEESE PASTRIES	4 BOILED EGG BACON MALTO MEAL	5 GRILLED CHEESE BREAKFAST SANDWICH	6 KANGAROO SANDWICH
STUDENTS TRAVEL	10 SAUSAGE GRAVY BISCUIT	11 WAFFLES/SYRUP CREAM OF WHEAT	12 ENGLISH MUFFIN BREAKFAST SANDWICH	13 CHERRY FRUDEL
16 FRENCH TOAST	17 OATMEAL BLUEBERRY BAKE	18 BOILED EGG SAUSAGE PATTIE MALT O MEAL	19 BREAKFAST PIZZA	20 SAUSAGE PANCAKE
23 BISCUIT SANDWICH	24 SCRAMBLED EGG BACON	25 PANCAKES SAUSAGE	26 WAFFLE BREAKFAST BOWL	27 OMELET
30 FRENCH TOAST	31 BREAKFAST QUESADILLA			

October

Lunch Menu





There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Meatball Sub Or Ham Wrap Baked Beans Waffle Fries Salad Bar</p>	<p>3</p> <p>Beef or Chicken Taco Refried Beans Salad Bar</p>	<p>4</p> <p>Orange Chicken Or Chicken Teriyaki Stir Fry Vegetables Fried Rice Salad Bar</p>	<p>5</p> <p>Fish Sandwich Or Sloppy Joe Seasoned Peas Steak Fries Salad Bar</p>	<p>6</p> <p>Clubhouse Chicken Au Gratin Potatoes Glazed Carrots Salad Bar Roll</p>
	<p>10</p> <p>Green Chile Chicken Enchilada Or Red Chili Cheese Enchilada Refried Beans Salad bar</p>	<p>11</p> <p>Chicken Penne Pasta Or Chicken Manicotti Seasoned Broccoli Salad Bar Breadsticks</p>	<p>12</p> <p>Meat Loaf Or Roast Pork Mashed Potatoes/Gravy Salad bar Wheat Roll</p>	<p>13</p> <p>Chimichanga w/ Chili and Cheese Seasoned Green Beans Salad Bar</p>
<p>16</p> <p>Homemade Grilled Cheese Harvest Tomato Soup Salad Bar</p>	<p>17</p> <p>Grilled Salmon Or Macaroni and Cheese Asparagus Spears Salad Bar Wheat Roll</p>	<p>18</p> <p>Beef & Black Bean Soft Taco Or Soft Chicken Taco Seasoned Pinto Beans Salad Bar</p>	<p>19</p> <p>Breaded Oven Fried Chicken Or Baked Chicken Pasta w/Tomato Sauce Summer Squash Salad Bar</p>	<p>20</p> <p>Variety of Pizza Steamed Carrots Salad Bar</p>
<p>23</p> <p>Corn Dog Or Chicken Nuggets Steak Fried Baked Beans Salad Bar</p>	<p>24</p> <p>Beef and Broccoli Or Teriyaki Chicken Brown Rice Stir Fry Vegetables Salad Bar</p>	<p>25</p> <p>Lasagna Or Chicken Spaghetti Seasoned Green Beans Salad bar Breadstick</p>	<p>26</p> <p>Chicken or Beef Fajitas Pinto Beans Salad Bar</p>	<p>27</p> <p>Meatballs Buttered Noodles/Gravy Brussel Sprouts Salad Bar Wheat Roll</p>
<p>30</p> <p>Chicken Strips Or Steakfingers Mashed Potatoes/Gravy Salad bar Wheat Roll</p>	<p>31</p> <p>Calzone Or Chicken Fiesta Sandwich Waffle Fries Coleslaw Salad bar</p>	  		

October

Dinner Menu

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Variety of Pizza Seasoned Green Beans Salad Bar	3 Grilled Ham & Cheese Sandwich Coleslaw Potato Chips Salad Bar	4 Ravioli w/Meat Sauce Glazed Carrots Salad Bar	5 Chicken Strips Mashed Potatoes/Gravy Seasoned Green Beans Tossed Salad Wheat Roll	6 
	10 Meat Ball Sub Waffle Fries Corn on the Cob Salad Bar	11 Fish Sandwich Chips Cucumber Tomato Salad Salad Bar	12 Beef or Chicken Tostada Refried Beans Tossed Salad w/Dressing	
16 Pulled Pork Sandwich Ranch Style Beans Steak Fries Salad Bar	17 Scour Cream Chicken Brown Rice Peas & Carrots Salad Bar Breadsticks	18 Hamburger w/fixins Or Hot Dog Potato Salad Baked Beans Salad Bar	19 Steakfingers Mashed Potatoes/Gravy Summer Squash Tossed Salad	
23 Frito Pie Mexicali Corn Salad bar	24 Roast Turkey Mashed Potatoes/Gravy Salad Bar Wheat Roll	25 Loaded Baked Potato Salad Bar Breadstick	26 Fish Nuggets Steak Fries Sliced Tomatoes and Cucumber Tossed Salad	27 
30 Chimichanga/Cheese Pinto Beans Salad bar	31 Chicken Nuggets Waffle Fries Broccoli w/Cheese Salad Bar	